



ELOHIM'S PLACE

Retreat & Spa

CHRISTIAN FASTING RETREATS

Our Christian retreats are thoughtfully designed to support your unique spiritual journey.

Each experience is tailored to your personal needs and includes:

- Custom quotes based on your chosen room type
- The specific retreat and fasting style selected
- Duration of your stay

Whether you're seeking breakthrough, healing, or spiritual renewal, we offer a sacred space for you to retreat, reflect, and reconnect with God.

Daniel Fasting Retreat

Focus: Spiritual clarity, prayer, and consecration

Fasting Style: No meat, sweets, or processed foods (Daniel 10:3)

Features:

- Daily devotionals on the Book of Daniel
- Wholesome, plant-based meals
- Guided worship and prayer sessions
- Personal journaling and self-reflection

Best For: Individuals seeking breakthrough, divine direction, or deep spiritual growth.

Silent Fasting Retreat

Focus: Hearing God's voice and cultivating inner stillness

Fasting Style: Water fast or light juice fast (optional)

Features:

- Extended periods of intentional silence
- Scripture meditation and contemplative prayer walks
- Quiet communion with God, free from distraction
- Deepened intimacy with the Holy Spirit

Best For: Leaders, creatives, or anyone in need of a spiritual reset and clarity.



For Bookings Contact:

Cell: 083 455 0033 | admin@elohimsplace.co.za
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Esther Fasting Retreat (Intensive)

Focus: Urgent spiritual breakthrough, deliverance, and crisis intercession

Fasting Style: Full fast (no food or water) for 1-3 days (as led and health permitting)

Features:

- Prayer and intercession focused on divine intervention and protection
- Scriptural teachings on Queen Esther's courage and faith
- Anointing and commissioning service for personal empowerment

Best For: Mature believers facing spiritual warfare or in need of a powerful breakthrough.

Healing & Restoration Fasting Retreat

Focus: Emotional healing, forgiveness, and inner renewal

Fasting Style: Daniel fast, intermittent fasting, juice fast, or soul fast (e.g., media, sugar, etc.)

Features:

- Ministry sessions focused on healing past wounds and emotional trauma
- Personal coaching on forgiveness and letting go of bitterness
- Space for inner renewal and spiritual alignment

Best For: Those seeking emotional healing, release from past pain, and spiritual restoration.



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