



ELOHIM'S PLACE

Retreat & Spa

The Serene Escape Day Retreat

Treat yourself to a full day of pure relaxation and renewal.

Unwind in one of our beautifully appointed Tranquility Rooms, designed to calm the senses and soothe the soul. Spend time in peaceful relaxation areas and enjoy a selection of herbal teas throughout the day.

This package includes:

- Deep Relaxation Full Body Swedish Massage (60min)
- Serenity Facial and Sculp Massage(45min)
- Aromatherapy Foot Soak and Massage(45min)
- Self Care Wellness Coaching Session (60min)
- Reflection time and Guided Journaling
- Two Nourishing Meals

Slow down, restore your energy , and reconnect with what you need most: **R2450 per person**

Optional : Top Up your Day Retreat with a Overnight Room, Dinner and Breakfast the next morning before departure

Mindful De-Stress Retreat

A Two-Day Journey to Inner Peace and Rejuvenation

This package includes:

- Two Nights stay in one of our Tranquility Rooms
- Three Nourishing Meals per day
- Hot Stone Deep Tissue Back and Neck & Shoulder Massage (60min)
- Soothing Chamomile & Aloe Facial (45min)
- Head to Mind tension Aromatherapy Head Massage with Argan and Rosemary oil (45min)
- Morning Journaling and relaxation sessions to encourage mindfulness and reflection
- Reflection time and Journaling
- Two Wellness Coaching Sessions : Stress Relief & Rebalance (60min each)

Perfect for Emotional burnout, mental overload and deep relaxation: **R4650 per person**

Detox Rejuvenation Retreat

A Transformative Three-Day Escape for Mind, Body & Spirit

This deeply restorative package is ideal for those seeking holistic renewal and personal transformation to reset from the inside out.

- Enjoy a three night stay in a tranquillity room
- Indulge in three wholesome plant based meals crafted through personal choice.
- Cold pressed Juice and Herbal Teas and Infused Water during the day
- Two Ems sessions for core detox and muscle activation (45min each)
- Lymphatic Drainage Massage to reduce swelling, boost energy and toxin elimination.
- Face and Neck stimulation session for glow (45min)
- Wellness Detox supplements to eliminate toxins.
- Two Wellness/Inner Healing Coaching Sessions for Emotional release, food mood connection and stress triggers
- Deep Cleaning detox Facial with Clay Mask
- Full Body Detox Wrap (30min)
- Swedish Full Body Massage for pure relaxation
- Foot Soak with Epsom Salt and Rose petals (30min)
- Foot Relaxation Massage (30min)
- Reflection time and Guided Journaling

Cleanse the body, calm the mind and reset the soul: **R7350 per person**



For Bookings Contact:

Cell: 083 455 0033 | admin@elohimsplace.co.za
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Vision and Victory Retreat

A 5-Day Journey Back to You

This retreat is designed for those feeling tired, disconnected, or simply in need of a pause—a gentle invitation to reconnect with your inner voice, rediscover your purpose, and return refreshed with clarity and peace.

What's Included:

- 5-night stay in one of our peaceful Tranquility Rooms
- Three wholesome, nourishing meals per day to support detox, mental clarity, and overall well-being
- 5 hours of spa treatments to promote deep relaxation
- Two 45-minute detox sessions to cleanse and restore your body

What to Expect:

Reconnect with Yourself

- Guided wellness coaching and heart-opening conversations
- Vision board creation to visualize your next chapter
- Self-reflection exercises to uncover your deepest desires
- Goal-setting sessions with practical action plans
- Purpose and calling coaching to help you realign
- Sessions to align your daily life with your core values
- Reflection time
- Guided Journaling

You'll Leave With:

- A renewed sense of peace and inner presence
- Clear, soul-aligned goals
- A deeper connection with yourself
- Practical tools to carry your vision forward with confidence

This is the time to breathe, to dream again, and to step back into alignment with the life you were meant to live.

This is your time to **R9350 per person**



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Deep Inner Healing and Vision Retreat

A 3-Day Sacred Journey to Wholeness and Purpose

This transformative retreat is designed to help you heal deep emotional wounds, rediscover your God-given identity, and receive fresh vision for your life. Over seven days, experience a life-reset through inner healing ministry, spiritual renewal, personal coaching, and vision activation—all within a peaceful and restorative setting.

Retreat Overview

This immersive journey gently guides you through:

- Deep emotional and spiritual healing
- Letting go of pain, rejection, fear, and past trauma
- Rebuilding your identity in Christ
- Receiving fresh direction and divine purpose
- Restoring your body through rest, nourishment, and intentional care

What's Included:

- 3 Nights in a Tranquility Room
- Peaceful and thoughtfully designed for stillness, reflection, and deep rest.
- Daily Inner Healing & Coaching Sessions
- Personal prayer counseling and soul-healing work addressing grief, trauma, bitterness, self-worth, and inner vows.
- Vision & Purpose Workshop
- Identify your spiritual gifts, clarify your calling, and create a Vision Board aligned with your healing and future direction.
- Creative Healing Sessions
- Gentle, expressive sessions to help unlock and release emotional and spiritual blocks.
- 3 Nourishing Meals Per Day
- Wholesome, healing meals designed to support detox, clarity, and emotional balance.
- 5 Hours of Restorative Spa Treatments
- Tailored treatments to relax the body and soothe the soul.
- Designed to support physical renewal and emotional release.
- Evening Devotion & Worship
- End each day with candlelit prayer, soft worship, and a calming atmosphere of peace and presence.

You'll Leave With:

- Deep inner peace and emotional release
- Clear vision and spiritual alignment
- Renewed identity and restored self-worth
- A personalized vision board and practical next steps
- Physical, mental, and spiritual refreshment

This is more than a Retreat, it is a sacred reset. Step into the fullness of who you were created to be.

R8,500 per person



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Wellness Detox Retreat

7-Day Detox Retreat to Cleanse and Rejuvenate Your Body

Escape the chaos of everyday life and immerse yourself in the ultimate wellness journey. Our 7-Day Detox Retreat is designed to reset your body, mind, and spirit.

What's Included:

- Nourishing Juice Cleansing for 7 days
- 3 Detox EMS Sessions
- Daily Devotions and Mindfulness Sessions
- Daily Colon Cleanses
- Reflection Time
- 5 Hours of Restorative Spa Treatments
- 3 Wellness Coaching Sessions
- 7 Nights in a Tranquility Room

SHED WEIGHT AND HEAL FROM WITHIN:

This retreat is ideal for:

- Chronic Illnesses
- Emotional Trauma
- Digestive Issues
- Hormonal Imbalances
- Mental Fatigue

After Your Detox Week, You Can Expect:

- Renewed energy and vitality
- Glowing, beautiful skin
- Deep healing on a cellular level
- Reduced inflammation
- Deep relaxation and stress relief
- Improved mental clarity and focus
- Personalized food plan to continue your wellness journey

Disconnect from daily routines, focus on healing, and reset both physically and mentally.

R11,350 per person



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